

ABSTRACT OF THE DISCLOSURE

A bone fixation apparatus and associate method. The bone fixation apparatus includes a plate having a fixation hole, and a modular fastener received in the fixation hole. The bone fixation fastener includes a shaft member and an expandable head member. The shaft member has a outer cam at a first end mating with a corresponding inner cam of the head member, such that upon rotation of the head member relative to the shaft member, the head member expands against an inner surface of the fixation hole to prevent back out of the shaft member relative to the bone fixation plate.